



2019

INDOOR WET ZONE SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
4:45	Lap Swim 4:45 - 11:00	Lap Swim 4:45 - 11:00	Lap Swim 4:45 - 11:00	Lap Swim 4:45 - 11:00	Lap Swim 4:45 - 11:00					
5:30										
6:00										
7:00						Lap Swim 7:00 - 10:00	Lap Swim 7:00 - 11:00			
8:00										
9:00	Aqua Aerobics 8:30 - 9:30	Aqua Aerobics 9:30 - 10:30	Aqua Aerobics 9:30 - 10:30	Aqua Aerobics 9:30 - 10:30	Aqua Aerobics 9:30 - 10:30	Aqua Aerobics 8:30 - 9:30	Aqua Aerobics 9:00 - 10:00			
10:00	Aqua Aerobics 9:30 - 10:30					Aqua Aerobics 9:30 - 10:30	Aqua Aerobics 9:30 - 10:30	Aqua Aerobics 9:30 - 10:30		
11:00	Open Swim 10:30 - 12:00					Open Swim 10:30 - 5:30	Open Swim 10:30 - 12:30	Aqua H.I.I.T 10:45 - 11:30	Open Swim 10:30 - 9:45	Group Lessons* 10:00 - 12:00
12:00	Aqua Yoga 12:00 - 12:45	Group Lessons* 12:30 - 1:30	Open Swim 11:30 - 5:30		Open Swim 12:00 - 6:45		Open Swim 11:00 - 6:45			
1:00	Open Swim 12:45 - 4:30							Open Swim 1:30 - 5:30		
2:00	Open Swim 12:45 - 4:30									
3:00										
4:00										
5:00	Group Lessons* 4:30 - 5:30	Swim Team 5:30 - 6:45	Swim Team 5:30 - 6:45	Swim Team 5:30 - 6:45	Swim Team 5:00 - 6:00					
6:00	Swim Team 5:30 - 6:45							Swim Team 5:30 - 6:45	Swim Team 5:30 - 6:45	Swim Team 5:30 - 6:45
7:00	Open Swim 6:45 - 9:45							Aqua Aerobics 7:00 - 8:00	Aqua Aerobics 7:00 - 8:00	Zumba 7:00 - 7:45
8:00	Open Swim 6:45 - 9:45	Open Swim 6:44 - 9:45	Open Swim 6:45 - 9:45	Open Swim 6:45 - 9:45						
9:00		Pool Closes 9:45	Pool Closes 9:45	Pool Closes 9:45				Pool Closes 9:45		

INDOOR WET ZONE GUIDELINES

- Children under the age of 12 must be accompanied by an adult.
- No Open Swim during AM Aqua Aerobics and Swim Lessons.
- One lap lane will be available during all classes.
- Children under 14 are not permitted in or around the Whirlpool.
- Contact Micki Stratil at 724-933-1911 ext. 4248 with any questions/comments.
- **Pool is closed during Group Lessons & Swim Team. No Open Swim.**
- **Please Note: There will only be 1 LANE AVAILABLE from 5:30 - 6:45PM, Mon - Thu.**