



THRIVE STUDIO

Featuring Reaxing equipment from Italy, these small group training classes will be sure to challenge your senses! Core, vestibular, and visual training challenges are offered with these workouts but with the added element of fun!

CLASS SCHEDULE COMING SOON!

**PLEASE WATCH FOR ANNOUNCEMENTS OF DAYS AND
TIMES WHEN TRIAL SESSIONS WILL BE OFFERED.**

For more information contact Brian Cioci, Fitness Director, bcioci@oxfordathleticclub.com